

# Songbirds Vocal Program Introduction Class

## *Assignment Sheet Week 8*

**Warmups:** pick your favorites!

**Sol-fa:** Sing and sign SSSH Pages 3 and 4

**Rhythm:** clap and sing SSSH handout page 9 from week 4

**Workbook:** n/a

**Singing:** For the song that you have memorized, create a story. Who are you, who are you talking to, what are you doing, why are you singing these words?

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Excellent

Good

Needs More Review

### **Suggestions:**

- Practice at a slower tempo
- Count sing
- Body Scan: are you singing with good posture?
- Sing warm ups and sol-fa with recordings